

BUSINESS MENTAL HEAL+H CHECK

Effective **mental health**
initiatives give
\$2.30 ROI
PER DOLLAR
SPENT⁽¹⁾



Introduction to Understanding Workplace Mental Health:

A **one hour workshop** that can be delivered either online or face-to-face to a large audience of up to 30 people.

Pricing:



Face-to-Face:

\$1,500

(Up to 30 people)



Online:

\$50

(per person x 1 hour)

MDS
Training

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[/BusinessMentalHealthCheck](https://www.facebook.com/BusinessMentalHealthCheck)

1. PWC report - Analysis of the cost to business of poor mental health in the workplace:
https://www.headsup.org.au/docs/default-source/resources/beyondblue_workplaceroi_finalreport_may-2014.pdf?sfvrsn=6