

BUSINESS MENTAL HEAL+H CHECK



82%
of employees with
mental health issues
indicate it impacts
their work⁽¹⁾

Workplace Mental Health and Wellbeing:

A **two hour workshop** to assist workplaces to take a safeguard approach to promoting workplace mental health and wellbeing.

Pricing:



Face-to-Face:

\$2,000

(15 - 20 people)



Online:

\$100

(per person x 2 hours)

MDS
Training

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[/BusinessMentalHealthCheck](https://www.facebook.com/BusinessMentalHealthCheck)

1. Workplace Strategies for Mental Health - Mental health is a workplace issue:
<https://www.workplacestrategiesformentalhealth.com/psychological-health-and-safety/relevant-statistics>