

BUSINESS MENTAL HEAL+H CHECK

91%

of **compensation** claims involving mental health were linked to **work-related stress** or **mental stress**.⁽¹⁾



Developing a Workplace Mental Health and Wellbeing Culture:

A full day workshop (7 hours) to explore the deeper meaning of workplace mental health and wellbeing. Followed by developing a Workplace Mental Health Organisational Plan.

Pricing:



Face-to-Face:

\$6,000

(15 - 20 people)



Online:

Not available

MDS Training

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1. SafeWorkAustralia.gov - Work-related stress: <https://www.safeworkaustralia.gov.au/topic/mental-health>