

# BUSINESS MENTAL HEAL+H CHECK



## ONE IN FIVE

Australian workers is currently experiencing a mental health condition.<sup>(1)</sup>

### Mental Health on the Frontline:

A **three hour workshop** specifically designed for those staff working in a customer service role to build confidence and resilience. Allowing staff to respond to mental health issues effectively and safely.

### Pricing:



**Face-to-Face:**

**\$4,000**

(15 - 20 people)



**Online:**

**\$200**

(per person x 3 hours)

**MDS**  
Training

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1. 4326.0 Australian Bureau of Statistics National Survey of Mental Health and Wellbeing: Summary of Results 2007