

BUSINESS MENTAL HEALTH+H CHECK

IDENTIFY THE SIGNS & SYMTOMS THAT ARE COSTING YOUR BUSINESS.

4 days lost to depression
per worker, **PER MONTH.**

Australian businesses lose
\$10.9 Billion
every year in absenteeism, reduced
productivity and compensation claims.

Psychological injury claim costs have
doubled, average payouts of up to
\$22,400
in some industries.

Business Health Check by **MDS Training** is a program focused on mental health training and research. We offer 5 workshops, developed to train Employers and Staff in the workplace. Our workshops teach how to identify and provide initial help to a person who is developing a mental health problem, experiencing a worsening of an existing mental health problem or in a mental health crisis.



Introduction to Understanding Workplace Mental Health	Workplace Mental Health and Wellbeing	Leadership for Mental Health	Mental Health on the Frontline	Developing a Workplace Mental Health and Wellbeing Culture
  Face to Face Digital	  Face to Face Digital	  Face to Face Digital	  Face to Face Digital	  Face to Face Digital
Time: 1 hour	Time: 2 hours	Time: 3 hours	Time: 3 hours	Time: Full Day (7 hours)
Price: \$50.00pp	Price: \$100.00pp	Price: \$220.00pp	Price: \$200.00pp	Price: \$300.00pp

MDS
Training

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